

Dear Doctor,

Your patient has been discharged on calcium supplements following their thyroid surgery. They have been asked to see you on a weekly basis to have their serum calcium level checked and their medication reduced according to the protocol:

If your patient is just on Caltrate tablets

On discharge they will normally be on:

Caltrate 2 tablets, twice daily

If calcium is $>2.00\text{mmol/L}$ at one week, reduce to:

Caltrate 1 tablet, twice daily

If calcium is $>2.00\text{mmol/L}$ the next week, reduce to:

Caltrate 1 tablet daily

If calcium is normal the next week:

Cease Caltrate

If your patient is on Caltrate + Rocaltrol tablets

On discharge they will normally be on:

Caltrate 2 tablets, three times daily and Rocaltrol 2 tablets, twice daily

If calcium is $>2.00\text{mmol/L}$ at one week, reduce to:

Caltrate 2 twice daily and Rocaltrol 1 twice daily

If calcium is $>2.00\text{mmol/L}$ the next week, reduce to:

Caltrate 1 twice daily and Rocaltrol 1 daily

If calcium is $>2.00\text{mmol/L}$ the next week, reduce to:

Caltrate 1 daily

If calcium is normal the next week:

Cease Caltrate

If you have any questions or concerns, please contact Mr Grodski on 9500-2288